

講座名（専門科目名）	健康増進医学講座（心理健康医学）	教授氏名	足立 浩祥
学生への指導方針	学生の自主性を尊重し、学生の将来的な目標に即した研究テーマを設定し、研究指導を進める。		
学生に対する要望	興味の持てる研究テーマを能動的に自分でみつけるように是非意識してください		
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その他出願にあたっての注意事項等			

指導体制：

本研究室を主宰する足立浩祥教授を中心とし、大阪大学キャンパスライフ健康支援・相談センターに所属する教員とともに指導を行う。また、大阪大学大学院医学系研究科精神医学教室の教員とも連携しながら、臨床研究について指導を行う。

研究室の研究内容：

- 1, メンタルヘルスに影響を与える心理社会的要因の探索
- 2, メンタルヘルスと睡眠習慣との関連についての研究
- 3, 学生の学業エンゲージメントに関与する要因の検討
- 4, センシング技術を用いたメンタルヘルス不調の予兆検知に関する研究
- 5, 心理臨床におけるアバターの活用法に関する研究

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